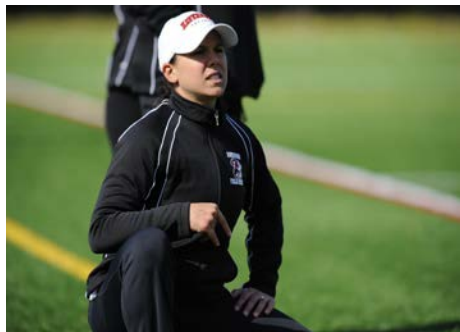


## Haverford Field Hockey Camp

**Jackie Cox**  
**Haverford College Head Coach**

Jackie Cox became the head coach of Haverford College field hockey in 2010. Cox owns a 105-76 coaching record at Haverford and was the first coach in program history to guide her squad to double-digit wins in four consecutive seasons. Cox has led the program to 7 Centennial Conference Tournaments in her 10 seasons as the head coach. Prior to her arrival at Haverford, Cox, a member of the National Field Hockey Coaches Association, spent the previous four years as the top assistant coach at her alma mater, nearby St. Joseph's University. Cox's duties included overseeing the team's strength and conditioning program as well as coordinating practices and recruiting. In Cox's four seasons at St. Joe's, the Hawks were Atlantic 10 runner-ups twice, earned one Philadelphia City Six title and never finished below the top four in the A-10 conference. While coaching at SJU, Cox helped the team to four consecutive Atlantic-10 Conference Tournaments and two Atlantic-10 championship finals. Cox split her playing career at Lafayette College and Saint Joseph's University as a midfielder and defender. Cox has her Level II USA Field Hockey Coaching Accreditation and she is a NSCA Certified Strength and Conditioning Specialist. Cox is an assistant coach at the US Field Hockey Elite and Youth Futures sites. Cox also assisted with the New Jersey Junior High Performance Team in the spring and summer of 2011 and the New Jersey High Performance Team in the spring and summer of 2012. She received a Bachelor's of Science in Psychology and Masters in Education from Saint Joseph's University.



## Haverford Field Hockey Camp

### Mission Statement

The Haverford Field Hockey Camp is for all levels of field hockey players ages 13-19. Each session is designed to enhance the players' strengths and improve the players' weaknesses. Every aspect of the game will be covered in skills training and game situations. The evening will be filled with competitive full-field and half-field games where the players can apply what they have learned throughout the day. It is the coaching staff's desire to continue to instill a passion for the game and help players achieve their goals as field hockey players. Let the Haverford Field Hockey Camp coaching staff show you a hardworking and fun environment that simulates high level practice sessions seen at the collegiate level.

### Group Discounts

Training as a team over the summer is a great way to prepare for preseason and build on team unity. A team that works together in the off season will play better together during the season. Please inquire about our group discounts.



## Haverford Field Hockey Camp

**At Haverford College**  
**By Cox Sports Training LLC**

*"Don't Talk About It,  
Be About It"*



**July 18-19, 2020**  
**Haverford College**  
**Haverford, PA**  
**Ages 13-19**

**Residential Rate**  
**\$375/Individual**  
**\$325 in a group of 6+**

**Commuter Rate**  
**\$300**  
**\$250 in a group of 6+**

## Haverford Field Hockey Camp

### Assistant Coaching Staff



**Gina Stephan**

Gina Stephan was a four-year starter on defense for Brockport Golden Eagles, Stephan was a second-team All-SUNYAC selection in 2012, as well as a member of the National Field Hockey Coaches Association (NFHCA) National Academic Squad. Graduating in 2014 from The College at Brockport, Stephan holds a Master of Arts degree in psychology as well as a Master of Science degree in sports administration from Canisius College.

Haverford College field hockey goalie coach Jen Burdo graduated from Franklin & Marshall where she was the starting goalkeeper for four years. Jen has been on the Haverford College coaching staff for four seasons and previously coached at the Baldwin School. Jen is a Paralegal at Spede Lignana LLC.



**Jen Burdo**

Nicole McCreight is a graduate of Saint Joseph's University where she received her Bachelor's degree in elementary and special education. Nicole led the Hawks in points and goals for the 2010 season and was named Atlantic 10 offensive player of the year. Nicole also was named all-region second team. Prior to Haverford College, Nicole coached at the U19 club level. Nicole has received her Master's in Elementary and Special Education in May, 2012 from Saint Joseph's University.



**Nicole McCreight**

## Haverford Field Hockey Camp

### Schedule

#### Saturday, July 18

8 a.m.: Check-in  
 9-11a.m.: Morning Session- Swan Turf Field  
 -Skills and Drills  
 11a.m.-1p.m.-Lunch-Dining Center  
 1:30-4:00p.m.: Afternoon Session- Swan Turf Field  
 -Tactical Play  
 4:30-5:30p.m.: Dinner- Dining Center  
 6:30-8:30p.m.: Night Session- Swan Turf Field  
 -Competitive Games (Half and Full Field)

#### Sunday, July 19

7-8am- Breakfast- Dining Center  
 9-11a.m.: Morning Session- Swan Turf Field  
 -Skills and Drills  
 11a.m.-1p.m.-Lunch-Dining Center  
 1:30-4:00p.m.: Afternoon Session- Swan Turf Field  
 -Tactical Play  
 4:30-5:30p.m.: Dinner- Dining Center  
 6:30-8:30p.m.: Night Session- Swan Turf Field  
 -Competitive Games (Half and Full Field)

\*Schedule is subject to change

#### Cancellation Policy

If cancellation is received after June 15, all but \$200 of the camp fee will be returned. No refunds will be offered after July 1<sup>st</sup>.

Please send form and check made payable to Cox Sports Training LLC to:  
 Jackie Cox  
 Head Field Hockey Coach  
 Haverford College  
 370 Lancaster Avenue  
 Haverford, PA 19041



## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (C) \_\_\_\_\_

Player Email \_\_\_\_\_

Parent Email \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_

Entering Grade \_\_\_\_\_

School \_\_\_\_\_

Club Team \_\_\_\_\_

Position \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Phone (W/C) \_\_\_\_\_

Please Circle One: Individual \$375 Commuter \$300

Group Individual \$300 Group Commuter \$250

#### Waiver and Liability Form

I hereby authorize Cox Sports Training LLC to act for me accordingly to their best judgment in any emergency requiring medical attention and hereby wave and release Cox Sports Training LLC and their staff from liability for injury or illness incurred while at Haverford Field Hockey Camp.

Parent/Guardian Signature \_\_\_\_\_

I further acknowledge that \_\_\_\_\_ (camper) is covered by health insurance.

Date \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Health Insurance Carrier \_\_\_\_\_

Group Policy # \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Contact # \_\_\_\_\_