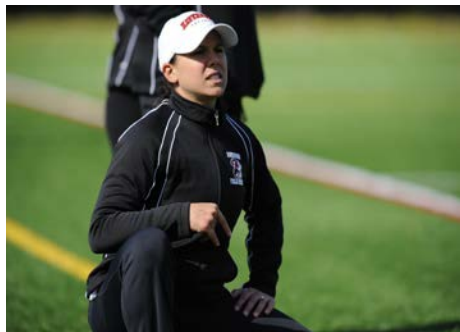


Haverford Field Hockey Camp

Jackie Cox
Haverford College Head Coach

Jackie Cox became the head coach of Haverford College field hockey in 2010. Cox owns a 96-68 coaching record at Haverford and was the first coach in program history to guide her squad to double-digit wins in four consecutive seasons. Cox has led the program to 7 Centennial Conference Tournaments in her 9 seasons as the head coach. Prior to her arrival at Haverford, Cox, a member of the National Field Hockey Coaches Association, spent the previous four years as the top assistant coach at her alma mater, nearby St. Joseph's University. Cox's duties included overseeing the team's strength and conditioning program as well as coordinating practices and recruiting. In Cox's four seasons at St. Joe's, the Hawks were Atlantic 10 runner-ups twice, earned one Philadelphia City Six title and never finished below the top four in the A-10 conference. While coaching at SJU, Cox helped the team to four consecutive Atlantic-10 Conference Tournaments and two Atlantic-10 championship finals. Cox split her playing career at Lafayette College and Saint Joseph's University as a midfielder and defender. Cox has her Level I & II USA Field Hockey Coaching Accreditation and she is a NSCA Certified Strength and Conditioning Specialist. Cox is an assistant coach at the US Field Hockey Elite and Youth Futures sites. Cox also assisted with the New Jersey Junior High Performance Team in the spring and summer of 2011 and the New Jersey High Performance Team in the spring and summer of 2012. She received a Bachelor's of Science in Psychology and Masters in Education from Saint Joseph's University.



Haverford Field Hockey Camp

Mission Statement

The Haverford Field Hockey Camp is for all levels of field hockey players ages 13-19. Each session is designed to enhance the players' strengths and improve the players' weaknesses. Every aspect of the game will be covered in skills training and game situations. The evening will be filled with competitive full-field and half-field games where the players can apply what they have learned throughout the day. It is the coaching staff's desire to continue to instill a passion for the game and help players achieve their goals as field hockey players. Let the Haverford Field Hockey Camp coaching staff show you a hardworking and fun environment that simulates high level practice sessions seen at the collegiate level.

Group Discounts

Training as a team over the summer is a great way to prepare for preseason and build on team unity. A team that works together in the off season will play better together during the season. Please inquire about our group discounts.

"Don't Talk About It, Be About It"



Haverford Field Hockey Camp

At Haverford College
By Cox Sports Training LLC

*"Don't Talk About It,
Be About It"*



July 6-7, 2019
Haverford College
Haverford, PA
Ages 13-19

Residential Rate
\$350/Individual
\$300 in a group of 6+

Commuter Rate
\$275
\$225 in a group of 6+

***60 Residential camp spots available.**
Reserve your spot today!

Haverford Field Hockey Camp

Assistant Coaching Staff



Lauren Luft

Haverford College assistant coach, Lauren Luft graduated from Saint Joseph's University where she was a standout forward and holds the record for career assists. Prior to Haverford, Lauren was the head coach at Wissahickon High School for one season. Lauren also coached at the U16 and U19 club level. Lauren is a special education teacher at North Penn High School.



Jen Burdo

Haverford College field hockey goalie coach Jen Burdo graduated from Franklin & Marshall where she was the starting goalkeeper for four years. Jen has been on the Haverford College coaching staff for four seasons and previously coached at the Baldwin School. Jen is the financial coordinator for Marlyn Schiff Jewelry.



Nicole McCreight

Haverford College field hockey assistant coach Nicole McCreight is a graduate of Saint Joseph's University where she received her Bachelor's degree in elementary and special education. Nicole led the Hawks in points and goals for the 2010 season and was named Atlantic 10 offensive player of the year. Nicole also was named all-region second team. Prior to Haverford College, Nicole coached at the U19 club level. Nicole has received her Master's in Elementary and Special Education in May, 2012 from Saint Joseph's University.

Haverford Field Hockey Camp

Schedule

Saturday, July 6

8 a.m.: Check-in

9-11a.m.: Morning Session- Swan Turf Field

-Skills and Drills

11a.m.-1p.m.-Lunch-Dining Center

1:30-4:00p.m.: Afternoon Session- Swan Turf Field

-Tactical Play

4:30-5:30p.m.: Dinner- Dining Center

6:30-8:30p.m.: Night Session- Swan Turf Field

-Competitive Games (Half and Full Field)

Sunday, July 7

7-8am- Breakfast- Dining Center

9-11a.m.: Morning Session- Swan Turf Field

-Skills and Drills

11a.m.-1p.m.-Lunch-Dining Center

1:30-4:00p.m.: Afternoon Session- Swan Turf Field

-Tactical Play

4:30-5:30p.m.: Dinner- Dining Center

6:30-8:30p.m.: Night Session- Swan Turf Field

-Competitive Games (Half and Full Field)

*Schedule is subject to change

Cancellation Policy

If cancellation is received after May 15th, all but \$200 of the camp fee will be returned. No refunds will be offered after June 1st.

Please send form and check made payable to Cox Sports Training LLC to:

Jackie Cox

Head Field Hockey Coach

Haverford College

370 Lancaster Avenue

Haverford, PA 19041



Registration Form

Name _____

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (C) _____

Player Email _____

Parent Email _____

Birth Date _____ Age _____

Entering Grade _____

School _____

Club Team _____

Position _____ T-Shirt Size _____

Parent/Guardian _____

Phone (W/C) _____

Please Circle One: Individual \$350 Commuter \$275

Group Individual \$300 Group Commuter \$225

Waiver and Liability Form

I hereby authorize Cox Sports Training LLC to act for me accordingly to their best judgment in any emergency requiring medical attention and hereby wave and release Cox Sports Training LLC and their staff from liability for injury or illness incurred while at Haverford Field Hockey Camp.

Parent/Guardian Signature _____

I further acknowledge that _____ (camper) is covered by health insurance.

Date _____ Parent/Guardian Name _____

Parent/Guardian Signature _____

Health Insurance Carrier _____

Group Policy # _____

Emergency Contact _____

Emergency Contact # _____